



# Hebrew Podcasts

## Lesson 1 – Introduction

### Beginner Level

Hello and welcome to Hebrew Podcasts. Today's podcast is our first lesson. In this lesson you'll learn spoken Hebrew by listening to a dialog and a discussion of vocabulary, grammar, and idioms.

With each podcast there's a lesson guide where you can read the transcript, see the full translation, get additional information, and do a few exercises to reinforce the lesson. You can download the lesson guide from our web site at <http://hebrewpodcasts.com>.

In this first beginner-level lesson we'll meet Rina. She'll help us practice some greetings and learn some new words.

Let's begin.

Hello Rina!

שלום רינה!

Shà-lom Ri-nà!

Hello Danny. How are you?

שלום דני. מה שלום?

Shà-lom Dà-ni. Mâ shlom-hà?

Great, thank you. How are you?

נhydr, תודה. מה שלום?

Né-hé-dàr, to-dà. Mâ shlo-méh?

All right.

בסדר גמור.

Bé-sé-dér gà-moor.

I greeted Rina by saying **שלום**. This is the most common greeting in Hebrew and it can mean either hello or goodbye.

Hello Rina!

שלום רינה!

Shà-lom Ri-nà!

The word, **שלום**, can also mean peace or well being. We see it used next when Rina asks me "How are you?"

How are you?

מה שלום?

Mâ shlom-hà?

In Hebrew, **שלום** is a single-word combination of the words: **שלום** **שלפ**. This is what we say to a male person. **שלום** **שלפ** is a combination of the words: **שלום** **שלפ**, which is what we say to a female person.

Let's practice:

Hello Rina. How are you?

שלום רינה. מה שלום?

Shà-lom Ri-nà. Mâ shlo-méh?

Hello Danny. How are you?

שלום דני. מה שלום?

Shà-lom Dà-ni. Mâ shlom-hà?

I answered you, Rina, with **נhydr, תודה**. Great, thank you.

Rina, if I wanted to say 'thank you very much!' I would say:

To-dà rà-bà

תודה רבה!

When I asked you how you are, Rina, you said:

Bé-sé-dér gà-moor

בסדר גמור

That means all right. **בסדר גמור** emphasizes that it's completely all right.

Let's listen to this short dialog again. This time we'll pause after each line so that you can practice by repeating out loud:

### Transcription

We'll use transcription in our lesson guides to help you read new Hebrew words. You should read the transcription as if it was English. We'll use hyphens to help the pronunciation. We'll use é and à to better approximate the Hebrew sounds. You should pronounce those as you would in French. Are you familiar with the expression **déjà vu**, or the word **résumé**? If so, then you should pronounce these two accents accordingly. Otherwise, pronounce é like the e in let and pronounce à like the a in bark or the u in up.

Finally we'll use **h** (the letter h with an underscore) to denote the sound of the letter Het (ה) or the loose version of the letter Kaf (כ). You should refer to lesson 2 to hear this sound.

You'll see transcription in green. Here are a couple of examples:

שלום  
Shà-lom  
Bé-sé-dér gà-moor  
בסדר גמור

### Right-to-left

Hebrew is written right-to-left, line by line going down the page.

In our English text, if we include some Hebrew words, then read the text as you would read any English text, but when you get to the Hebrew words, then read them from right to the left. For example, follow the arrows:

Rina said **בסדר גמור** which means "all right".  
1 2 3 4



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Hello Rina!

שלום רינה!

Shà-lom Ri-nà!

Hello Danny. How are you?

שלום דני. מה שלומך?

Shà-lom Dà-ni. Mâ shlom-hà?

Great, thank you. How are you?

נהדר, תודה. מה שלומך?

Né-hé-dàr, to-dà. Mâ shlo-méh?

All right.

בסדר גמור.

Bé-sé-dér gà-moor.

Okay, now suppose I wanted to introduce myself to you Rina. I would say:

Hello, I'm Danny.

שלום, אני דני.

Shà-lom, à-ni dà-ni.

This means, hello, I'm Danny. Rina, you would then respond with:

Pleased to meet you! I'm Rina.

נעים מאוד! אני רינה.

Nà-im mé-od! à-ni Ri-nà.

נעים מאוד **נעים מאוד** is an expression that means 'Pleased to meet you!'. Literally, it means 'very pleasant'. That's a very useful expression.

Pleased to meet you!

נעימים מאוד!

Nà-im mé-od!

Next, I'm going to ask Rina if she goes to school.

Rina, do you go to school?

רינה, את הולכת לבית ספר?

Ri-nà, àt ho-lé-hét lé-véít sé-fér?

In Hebrew, a question is often formed simply by the way we emphasize and without changing word order. For example, the statement: *you go*, is **את הולכת** and when we turn it into a question: **את הולכת?** It simply becomes **את הולכת?**

Finally, **בית ספר**, school, is composed of two words, **בית ספר**.

**ספר** means a book, and **בית הספר** literally means *book house*.

**לבית ספר** means *to school*.

Rina, let's listen to your answer

Yes. I go to the school Kidmah.

כן. אני הולכת לבית הספר קידמה.

Kén, à-ni ho-lé-hét lé-véít hà-sé-fér kid-má.

You said yes, you go to the school named *Kidmah*.

In my question, we heard **לבית ספר**, to school, but when Rina answered, we heard **לבית הספר**, to **the** school.

**הולכת**, that's a verb that means *go*. In Hebrew, verb forms change based on the gender and plurality of the subject. In our case, the subject is Rina.

**הולכת** is therefore the feminine form of the verb to go.

Let's consider some variations.

#### nikkud

נקודות

Hebrew vowel marks, or *nikkud*, are useful for beginner readers. They tell you how to pronounce and let you distinguish between words that are otherwise spelled the same. For example, without nikkud, the word **שלומך** is written identically in its masculine **שלומך** and feminine **שלומך** forms.

Experienced readers, however, don't rely on nikkud. They read whole words rather than phonetically and they can resolve ambiguity from the context. Modern Hebrew books, newspapers and web sites do not provide nikkud.

In our lessons guides we will have Hebrew text typed without nikkud.

You can read more about nikkud on [Wikipedia](#).

#### How are you...?

מה שלומך?

Mâ shlom-hà?

מה נשמע?

Mâ nish-mà?

איך המרגש?

Éyh hà-màr-gàsh?

מה חדש?

Mâ hà-dàsh?





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הַדָּשָׁה is the feminine singular form of the Hebrew adjective **חדש**. If you were talking about your teachers—in plural—you would say...

New teachers

מורים חדשים

Mo-rim ḥà-dà-shim

Rina's teacher is from Tel-Aviv. Let's listen to that again in the dialog:

She is a new teacher from Tel-Aviv.

הִיא מֹרֶה חֲדָשָׁה מִתְּלֵבִיב.

Hee mo-rà ḥà-dà-shà mi-té-l à-viv.

Hebrew uses prefixes like **מִ** in **מִתְּלֵבִיב**, or **לְ** in **לִעְבָּרִית**. Those prefixes are the prepositions *of*, and *from*, respectively.

Next Rina told us that her teacher is very nice. She is very nice is

She is very nice

הִיא נָחְמָה

מְאֹוד

Hee néh-mà-dà mé-od

She is very nice and she plays with us. Let's listen to how Rina said that:

הִיא נָחְמָה מְאֹוד וְהִיא מְשֻׁחָקָת אֵתָנוּ

Hee néh-mà-dà mé-od vé-hee mé-sà-hé-két ee-tà-noo

Let's hear that again

הִיא נָחְמָה מְאֹוד וְהִיא מְשֻׁחָקָת אֵתָנוּ

Hee néh-mà-dà mé-od vé-hee mé-sà-hé-két ee-tà-noo

Rina's new teacher also sings with the kids. So Rina,

Do you like to sing?

את אָהָבָת לִשְׁיר?

Àt o-hé-vét là-shir?

Yes, it's nice.

כִּי, זֶה נָחְמָד.

Kén. Zé néh-màd.

I'm learning to sing

אֵין לוּמָדָת לִשְׁיר

À-ni lo-mé-dét là-shir

Hanukkah songs.

שִׁירִים שֶׁל חֲנֹכָה.

shi-rim shél ḥà-noo-kà.

Like for example

כְּמוֹ לִמְשָׁל

Kmo lé-mà-shal

"Ma'oz Tzur Y'shu'ati..."

"מָעוֹז צָרָ יְשׁוּעָתִי..."

"mà-oz tsor yé-shoo-à-ti..."

To sing, **לשִׁיר**, is nice, **נָחְמָד**.

So Rina, what song are you learning now for Hanukkah?

I'm learning to sing

אֵין לוּמָדָת לִשְׁיר

À-ni lo-mé-dét là-shir

"Ma'oz Tzur Y'shu'ati..."

"מָעוֹז צָרָ יְשׁוּעָתִי..."

"mà-oz tsor yé-shoo-à-ti..."

לומדת, that's another verb in its feminine singular present tense, just like **הולכת** and **משחקת**.

Before we conclude our lesson, let's listen again to the entire dialog. We'll pause after each line for you to repeat it out loud.

#### Present Tense

to play

לשִׁקָּח

Lé-sà-hék

I/you/he play/plays  
(male singular)

מְשֻׁחָק

À-ni/À-tà/Hoo mé-sà-hék

I/you/she play/plays  
(female singular)

מְשֻׁחָקָת

À-ni/Àt/Hee mé-sà-hé-két

we/you/they play  
(male plural)

מְשֻׁחָקִים

À-nàh-noo/À-tém/Hém mé-sàh-kim

we/you/they play  
(female plural)

מְשֻׁחָקָות

À-nàh-noo/À-tén/Hén mé-sàh-kot

הַילְלוֹת מְשֻׁחָקָות בַּבִּיטְה הַסְּפָר

Hà-yé-là-dot mé-sàh-kot bé-béit hà-sé-fér

The girls play at school



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שלום רב!

שלום לך. מה שלוֹמָךְ?

נָהָרֶת, תְּדֵה. מה שלוֹמָךְ?

בּוֹסֵךְ גָּמוֹת.

רַבָּה, אַת הַולְכָת לִבְיַת סְפָר?

כְּן. אַת הַולְכָת.

לִבְיַת הַסְּפָר קְדֻמָּה.

אַנְי אֲוֹבַת

אַת הַמֹּרֶה לְעִבְרִית.

הַיָּמָרָה קְדֻשָּׁה

מִתְּלָא בִּיבִּים.

הַיָּמָרָה מִתְּקֻדָּה מָאָד

וּמְיָא מִשְׁקָעָת אַתְּנוֹ

וּשְׁרָה אַתְּנוֹ שִׁירִים.

אַתְּ אֲוֹבַת לִשְׁיר?

כְּן, זֶה נָחָםְד.

אַנְי לוֹמְדָת לִשְׁיר

שִׁירִים שֶׁל חֲנֹקָה.

כְּמוֹ לְמַשְׁלָל

...מְעוֹד צָר יְשֻׁעָתִי."

That's it for today. In our next lesson we'll meet Noa and we'll review the twenty-two letters of the Hebrew alphabet.

Until then

שלום ולהתראות!

#### Adjective

Nice

נָחָםְד

I am/you are/he is

אַנְי/אַתָּה/הָא

nice (m. singular)

נָחָםְד Á-ni/Á-tà/Hoo néh-màd

I am/you are/she is

אַנְי/אַתָּה/הָא

nice (f. singular)

נָחָמְדָה Á-ni/Á-tà/Hee néh-mà-dà

we are/you are/they

אַנְחָנוּ/אַתָּהֶם/הָם

are nice (m. plural)

נָחָמְדִים Á-náh-noo/Á-tém/Hém néh-mà-dim

we are/you are/they

אַנְחָנוּ/אַתָּהֶן/הָן

are nice (f. plural)

נָחָמְדוֹת Á-náh-noo/Á-tén/Hén néh-mà-dot

מורים נָחָמְדִים

Mo-rim néh-mà-dim

Nice teachers

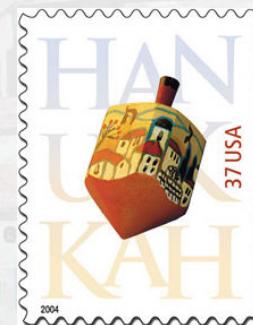
מֹוּרָת נָחָמְדוֹת

Mo-rot néh-mà-dot

Nice teachers (referring to a group of all-female teachers)

#### Hanukkah

Hanukkah, the Festival of Lights, celebrates the re-kindling of the Temple menorah at the time of the Maccabee rebellion. It is an eight-day Jewish holiday beginning on the 25th day of the month of Kislev, which may fall anytime from late November to late December.





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### Beginner Level

#### This lesson's vocabulary

you (fem.)	את
Kidmah school	<b>בית הספר קידמה</b>
school	<b>בית ספר</b>
alright	<b>בסדר גמור</b>
Danny	דני
she	היא
and	... ו...
it	זה
new (fem.)	חדרה
Hanukkah	חנוכה
like	כמו
yes	כן
learning (fem.)	לומדת
for example	למשל
to sing	לשיר
from	מן ...
very	מואוד
how are you	מה שלומך
teacher	מורה
Hebrew teacher	<b>מורה לערבית</b>
play (fem.)	משחקת
great	נבדר
nice	נחמד
nice (fem.)	נחמדה
Rina	רינה
songs	שירים
hello	שלום
sings (fem.)	שרה
thank you	תודה
Tel-Aviv	תל אביב



# Hebrew Podcasts

## Lesson 1 – Introduction

### Beginner Level

#### Lesson 1 – Exercises

Match each sentence with its Hebrew translation. Then draw a line to connect them.

I am going to school

אני אוחבת את המורה

À-ni o-hé-vét ét hà-mo-rà

I love the teacher

אני לומדת לשיר

À-ni lo-mé-dét là-shir

The teacher is nice

אני הולכת לבית ספר

À-ni ho-lé-hét lé-véit sé-fér

I am learning to sing

המורה משחקת איתנו

Hà-mo-rà mé-sà-hé-két ee-là-noo

The teacher plays with us

המורה נחמדה

À-ni ho-lé-hét lé-véit sé-fér

Select the correct form of the verb and write it in the space. Pay attention to gender and plurality.

1. Ri-nà \_\_\_\_\_ lé-véit sé-fér.

1. רינה \_\_\_\_\_ לבית ספר.

(א) הולכים

(א) הולכים

(ב) הולך

(ב) הולך

(ג) הולכת

(ג) הולכת

2. Hoo \_\_\_\_\_ ét hà-mo-rà.

2. הוא \_\_\_\_\_ את המורה.

(א) אוהב

(א) אוהב

(ב) אוהבים

(ב) אוהבים

(ג) אהובות

(ג) אהובות

3. Hà-mo-rim \_\_\_\_\_.

3. המורים \_\_\_\_\_.

(א) נחמד

(א) נחמד

(ב) נחמדים

(ב) נחמדים

(ג) נחמדה

(ג) נחמדה

4. A-nàh-noo \_\_\_\_\_.

4. אנחנו \_\_\_\_\_.

(א) משחקת

(א) משחקת

(ב) משחק

(ב) משחק

(ג) משחקים

(ג) משחקים

5. Hém \_\_\_\_\_ shi-rim shél hàn-noo-kà.

5. הם \_\_\_\_\_ שירים של חנוכה.

(א) למד

(א) למד

(ב) לומדים

(ב) לומדים

(ג) לומדת

(ג) לומדת

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